



Advanced Internet and IoT Technologies

- Introduction to the Internet of Things -

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Agenda

- The Internet of Things
 - Motivation and Use Cases
- (b) IoT on Wireless Link Layers
- Pin the Internet of Things



What is the Internet of Things?

A system in which objects in the physical world can be connected to the Internet by sensors and actuators (coined 1999 by Kevin Ashton) Key aspects:

- -E2E communication via Internet standards
- Machine-to-machine communication
- Embedded devices, often constrained and on battery
- Typically without user interface
- Very large multiplicities, w/o manual maintenance





Industrial Automation





Industrial Automation

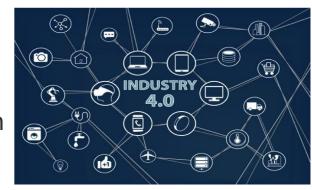




Connected Vehicles









Connected Vehicles



Smart Homes









Connected Vehicles



Smart Homes



eHealth





Micro- & Nano Satellites



Connected Vehicles





Smart Homes





eHealth



















































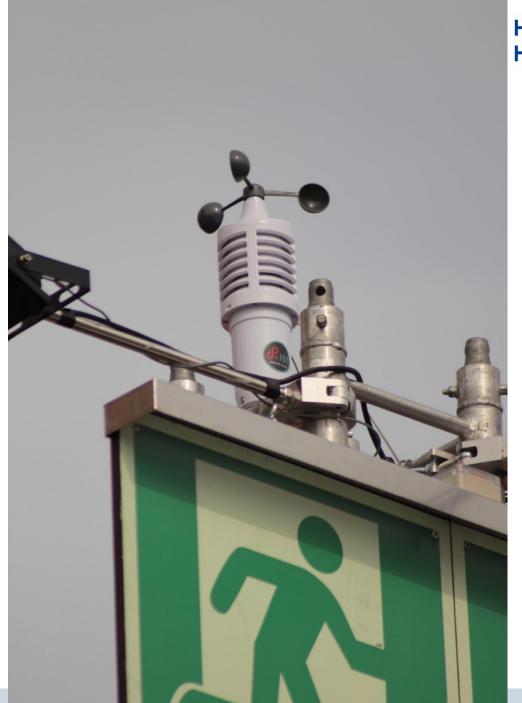




HAW HAMBURG

Smart DOM Hamburg



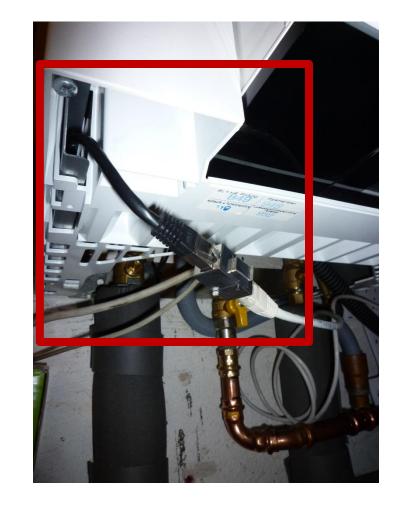




























Embedded Controllers

Wireless Networking IPv4 Uplink to the Cloud



Distributed local intelligence

Embedded Controllers

Wireless Networking IPv4 Uplink to the Cloud



Distributed local intelligence

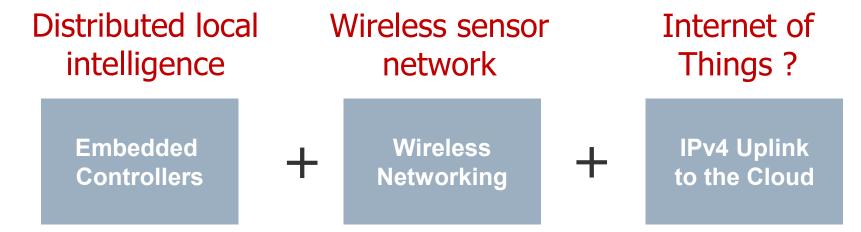
Embedded Controllers

Wireless sensor network

Wireless Networking

IPv4 Uplink to the Cloud



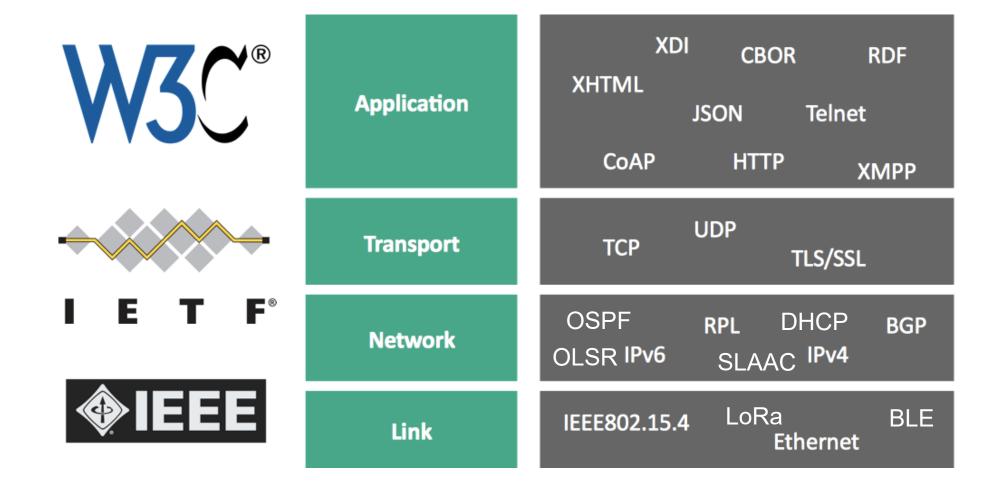




This is not yet an Internet of Things!



No Internet without Open Speech and Open Standards





Distributed local intelligence

Wireless sensor network

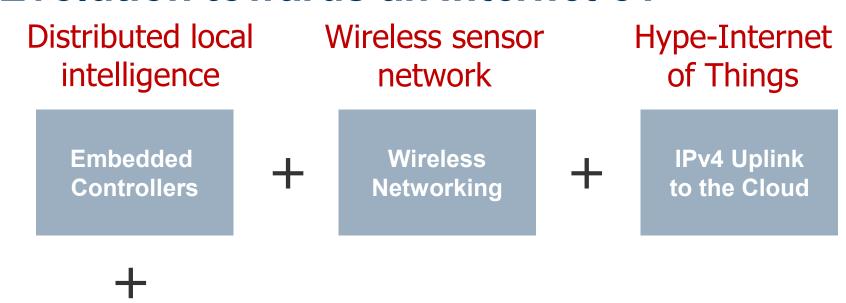
Hype-Internet of Things

Hype-Internet of Things

Wireless Networking

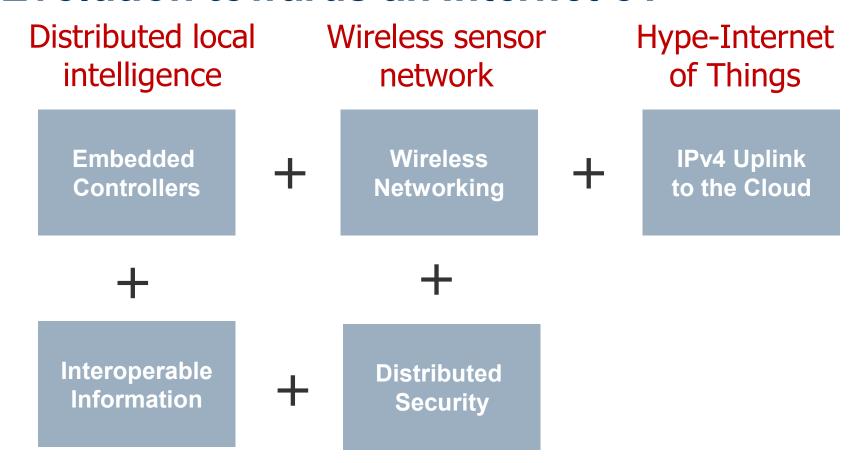
Hype-Internet of Things



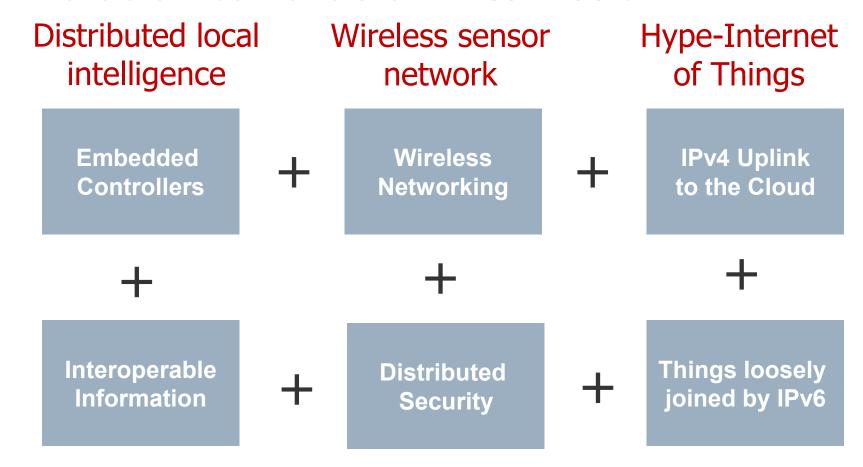


Interoperable Information

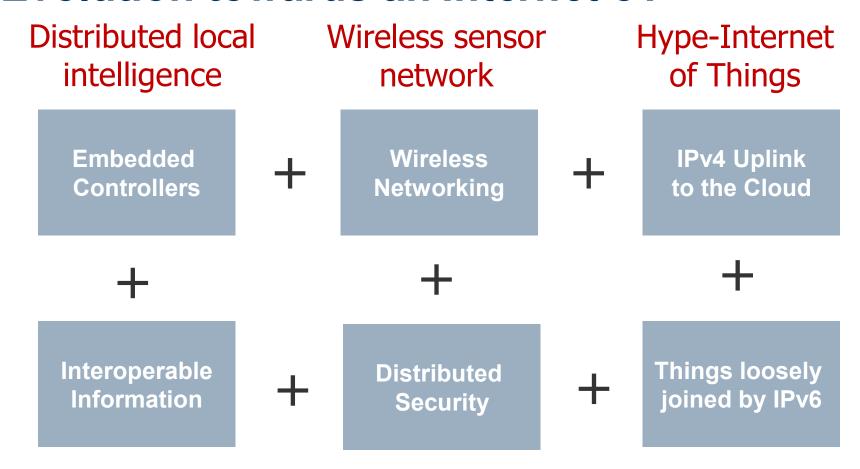












The Real Internet of Things (C. Bormann)



The many faces of the IoT

High-end IoT



Processor: GHz, 32/64 Bit

Memory: M/Gbytes

Energy: Watt

Network access: 5G, WLAN



The many faces of the IoT

High-end IoT



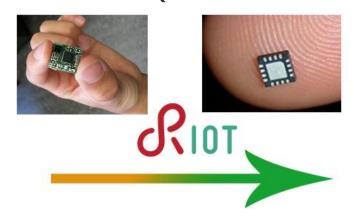
Processor: GHz, 32/64 Bit

Memory: M/Gbytes

Energy: Watt

Network access: 5G, WLAN

Low-end (or constrained) IoT



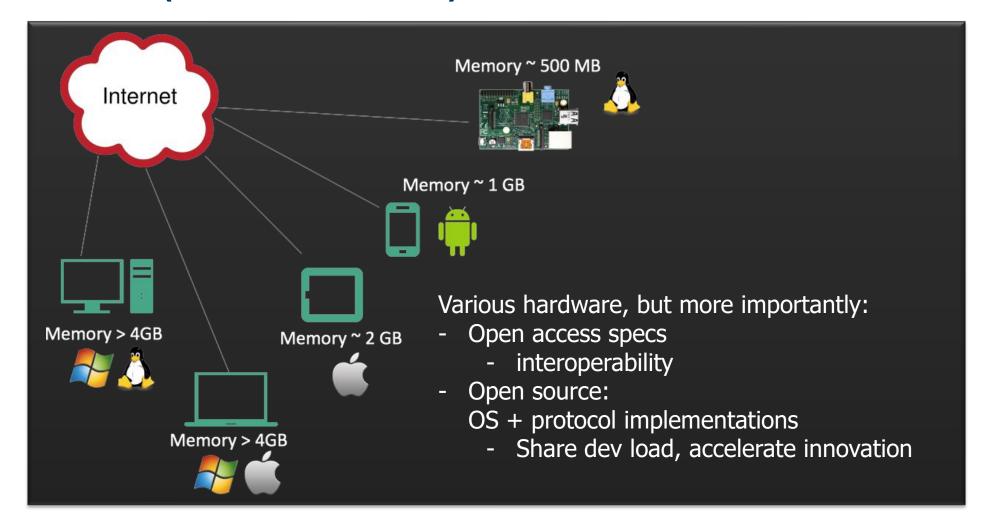
Processor: MHz, 8/16/32 Bit

Memory: kbytes Energy: MWatt

Network access: 802.15.4, BLE

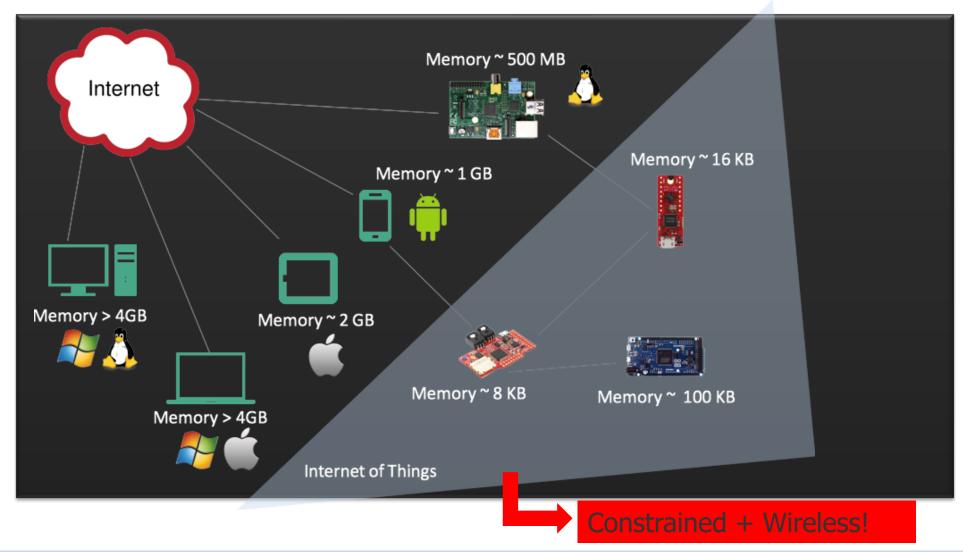


The Internet (as we know it)



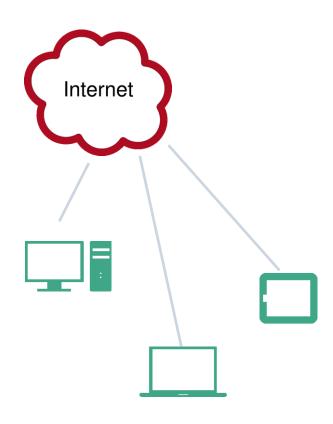


The Internet of Things (IoT)



IoT Devices:

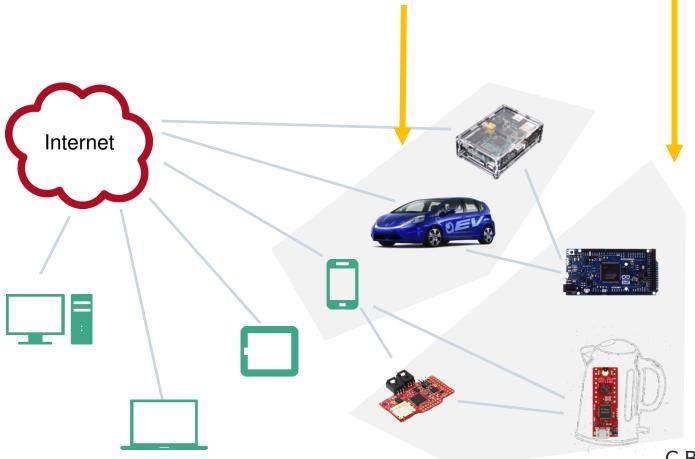




IoT Devices:

High-end vs Low-end

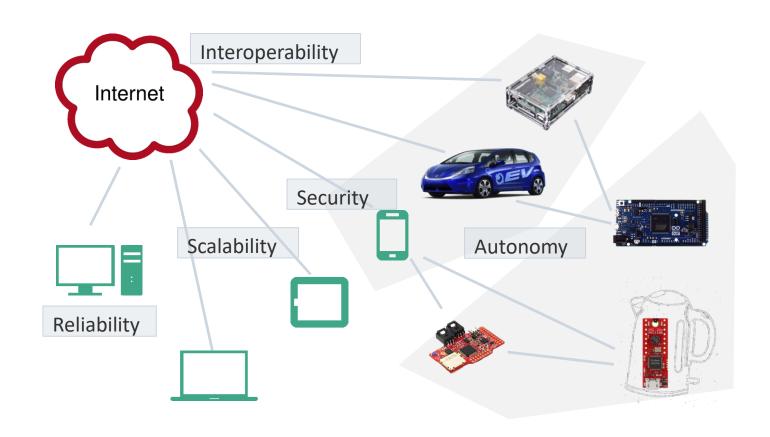




C.Bormann et al. "RFC 7228: Terminology for Constrained-Node Networks," IETF, May 2014.

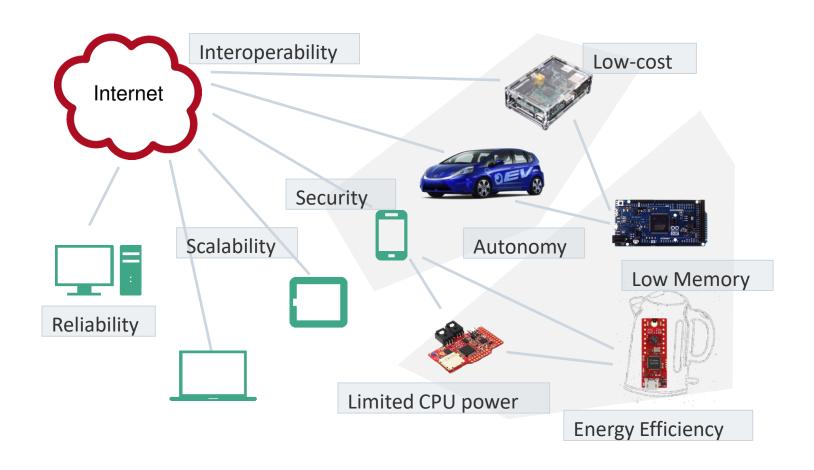
IoT Requirements





IoT Requirements: Constraints





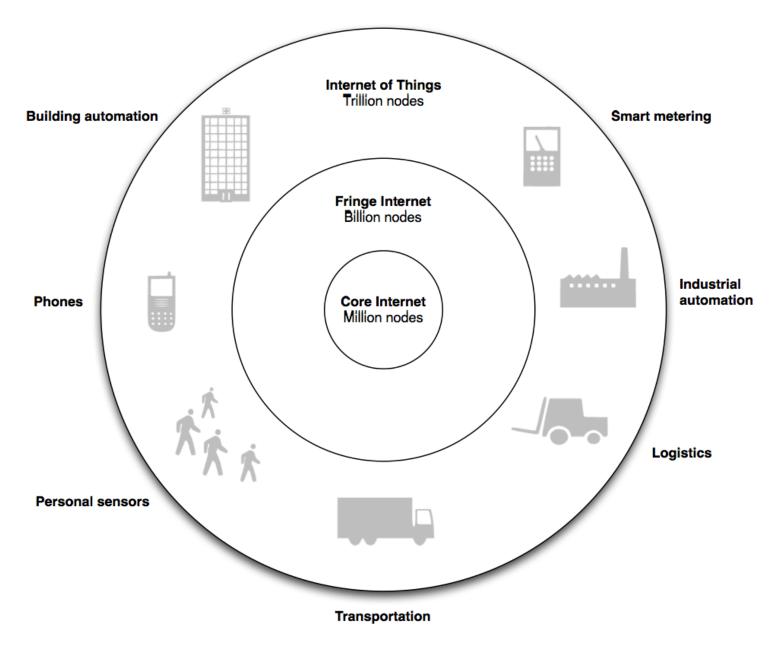


IoT Key Challenges

Five key areas according to ISOC:

- 1. Security
- 2. Privacy
- 3. Interoperability and standards
- 4. Legal, regulatory, and rights
- 5. Emerging economies and development







The IoT is Very Heterogeneous

Various boards

A zoo of components

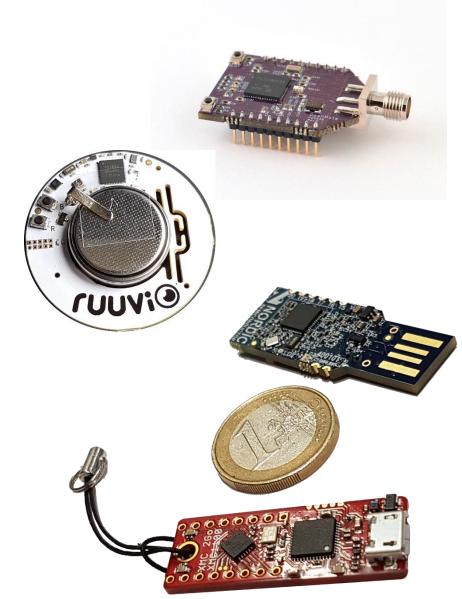
Broad range of radios

Different Link-layers

Competing network layers

Diverging interests and technologies

A lot of experimentation ...





IoT Applications

Facility, Building and Home Automation

SmartCities & SmartGrids

Personal Sports & Entertainment

Healthcare and Wellbeing

Asset Management

Advanced Metering Infrastructures

Environmental Monitoring

Security and Safety

Industrial Automation



IoT Use Cases









Industry 4.0



Micro Satellites



IoT Use Cases



45



Use Case Safety Monitoring

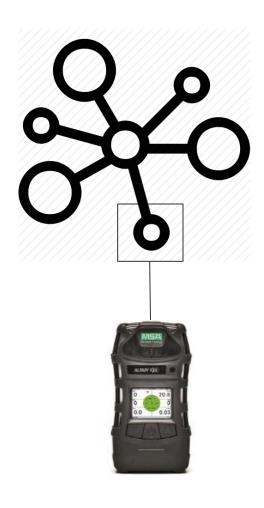
Workers in industrial process plants

- Perform maintenance in safety-critical environments
- Dangerous events may occur at any time
 - exposure to toxic/combustible gases
 - oxygen depletion in confined spaces
 - gas leaks/sudden outbursts of fire
- Continuous recording of sensor data required





Technical Setting



Body sensors

- IoT controller

Protocols

- Alarm
- -Mission log
- Configuration
- Management

Communication via border gateway to cloud

- Mobility
- Intermittent connectivity





Agenda

- The Internet of Things
- (b) IoT on Wireless Link Layers
 - Excursion to the World of Wireless
 - Low Power Lossy Links
- Pin the Internet of Things

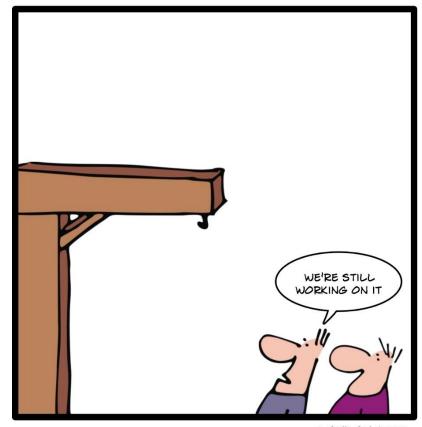


Mobile Wireless Networks

Two scenarios:

- Mobile users with roaming infrastructure
 → Mobile IP(v6)
- 2. Spontaneous networks of (autonomous) edge devices
 - → the IoT scenario

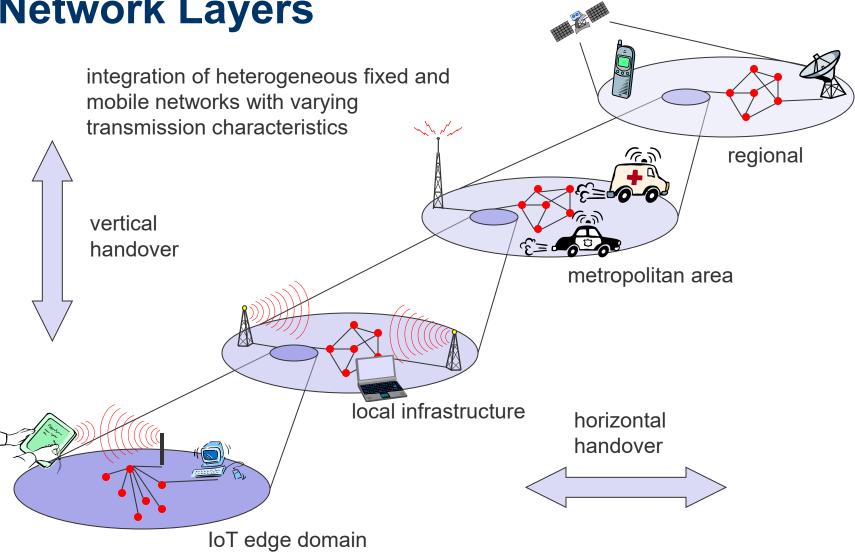
THE HISTORY OF WIRELESS



LONDON 1783: THE FIRST PROTOTYPE OF THE WIRELESS GALLOWS

The Global View: Overlay Network Layers







Mobile Ad Hoc Networks

Formed by wireless hosts which may be mobile Without (necessarily) using a pre-existing infrastructure Routes between nodes may potentially contain multiple hops Motivations:

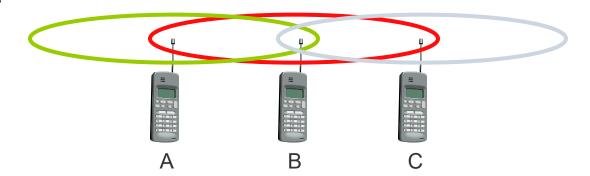
- -Ease of deployment, low costs
- Speed of deployment
- Decreased dependence on infrastructure



Hidden and exposed terminals

Hidden terminals

- A sends to B, C cannot receive A
- C wants to send to B, C senses a "free" medium (CS fails)
- collision at B, A cannot receive the collision (CD fails)
- A is "hidden" for C



Exposed terminals

- B sends to A, C wants to send to another terminal (not A or B)
- C has to wait, CS signals a medium in use
- but A is outside the radio range of C, therefore waiting is not necessary

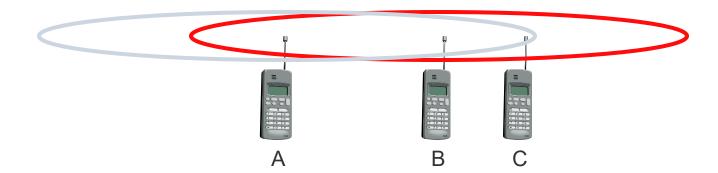
C is "exposed" to B



Near and far terminals

Terminals A and B send, C receives

- signal strength decreases proportional to the square of the distance
- the signal of terminal B therefore drowns out A's signal
- C cannot receive A



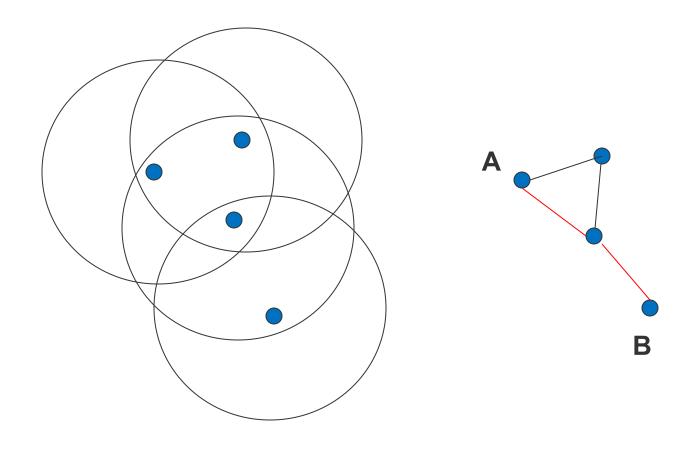
If C for example was an arbiter for sending rights, terminal B would drown out terminal A already on the physical layer

Also severe problem for CDMA-networks - precise power control needed!



Multi-hop Topologies

May need to traverse multiple wireless links to reach a destination





Two Solution Spaces

IP on the single link

- -Single-hop solution
- Adaptation to constraints

IP for multi-hop traversal

- -Routing protocol
- Changing topologies due to link degradation and mobility



Low Power Lossy Wireless

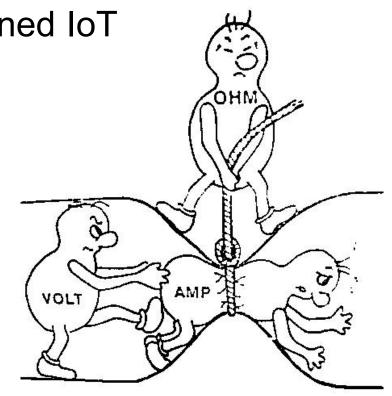
Default networking for the constrained IoT

Typically battery operated

Key problem: energy consumption

Low power leads to loss

Transmission capabilities are weak





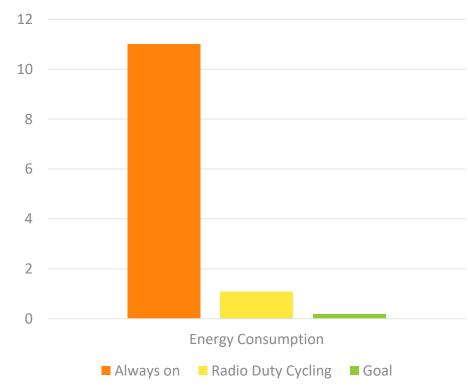
How to Reduce the Radio Energy Consumption?





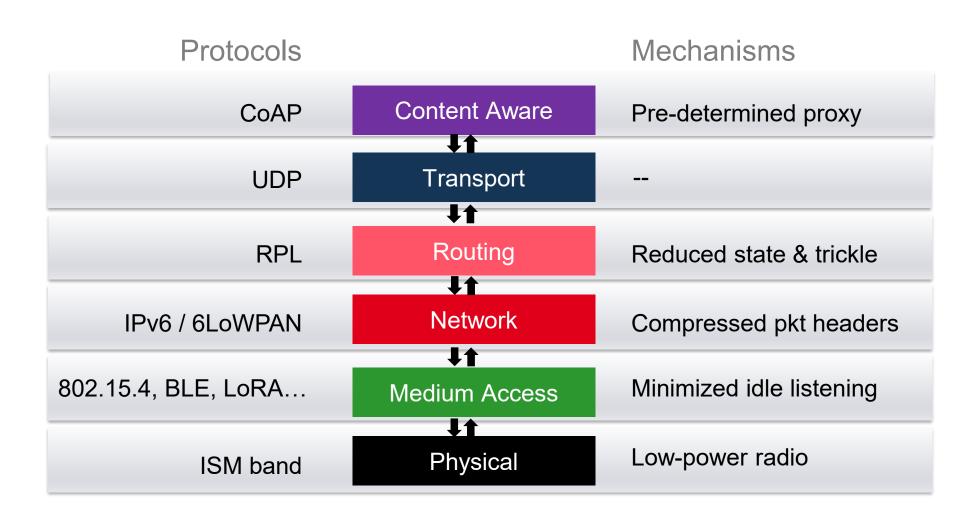
How to Reduce the Radio Energy Consumption?







Energy Savings along the IoT Protocol Stack





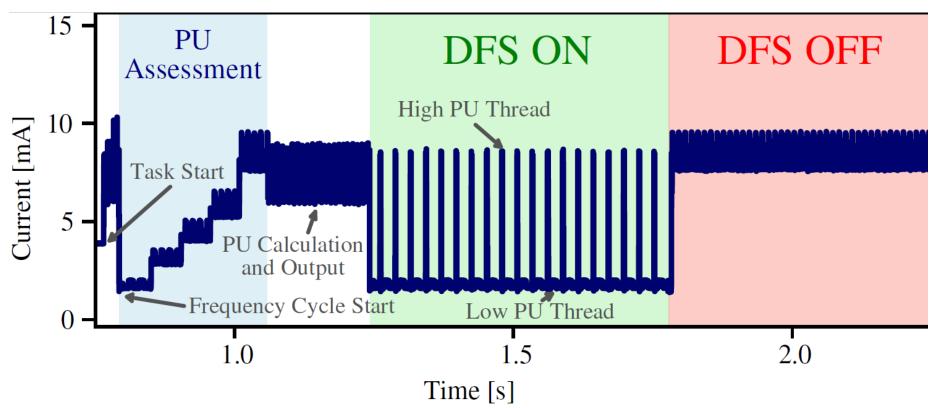
Physical Aspect: Duty Cycling

- Switch peripherals to sleep between cycles of duty
- Different levels of sleep (board-dependent), some can handle interrupts
- Deep sleep in networking may lead to packet loss in unsynchronized scenarios



System Aspect: Dynamic Voltage and Frequency Scaling

- DVFS adapts clock speed to task demands
- Voltage may then be reduced for slower clock ticks





Dynamic Clock Reconfiguration for the Constrained IoT and its Application to Energy-efficient Networking

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Thomas C. Schmidt
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Matthias Wählisch Freie Universität Berlin m.waehlisch@fu-berlin.de

Abstract

Clock configuration takes a key role in tuning constrained general-purpose microcontrollers for performance, timing accuracy, and energy efficiency. Configuring the underlying clock tree, however, involves a large parameter space with complex dependencies and dynamic constraints. We argue for clock configuration as a generic operating system module that bridges the gap between highly configurable but complex embedded hardware and easy application development. In this paper, we propose a method and a runtime subsystem for dynamic clock reconfiguration on constrained Internet of Things (IoT) devices named ScaleClock. ScaleClock derives measures to dynamically optimize clock configurations by abstracting the hardware-specific clock trees. The Scale-

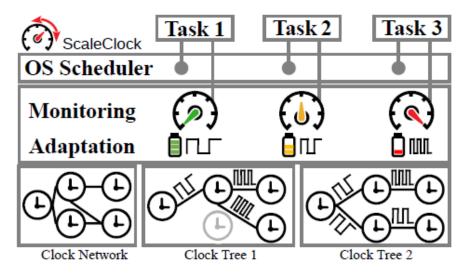


Figure 1: ScaleClock derives tasks characteristics at runtime

Michel Rottleuthner, Thomas C. Schmidt, Matthias Wählisch,

Dynamic Clock Reconfiguration for the Constrained IoT and its Application to Energy-efficient Networking, In: *Proc. of Embedded Wireless Systems and Networks (EWSN'22),* p. 168–179, ACM: New York, USA, October 2022.



Link Layer Aspects

Inherently unreliable due to wireless medium

Small frame size: ~100 Bytes

Low bandwidth: ~100 kbit/s

Topologies include star and mesh

Networks are ad hoc & devices have limited accessibility

Typical radios

Short range: IEEE 802.15.4, Bluetooth Low Energy (BLE)

Long range: NB-IoT, LoRA



IEEE 802.15.4

Common low-power radio

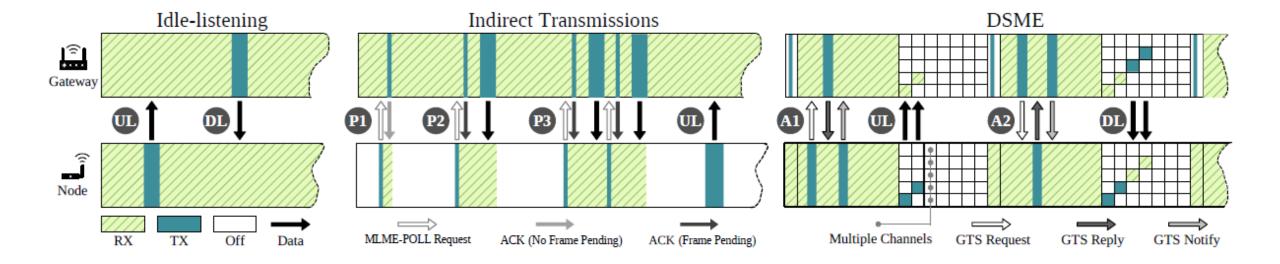
- Lower layer of Zigbee and (some) Xbee
- IP convergence layer: 6LoWPAN

Characteristics of 802.15.4:

- Frequencies: 868 MHz, 915 MHz, 2.4 GHz
- 16-bit short or IEEE 64-bit extended MAC addresses
- Entire 802.15.4 frame size is 127 bytes, 25 bytes frame overhead
- Bandwidth ranges from 20 to 250 kbit/s
- Outreach ranges from 1 to 100 m
- -802.15.4 subnets may utilize multiple radio hops



IEEE 802.15.4: Different Types of MAC Operations





LoRa

Long range radio communication technology

-typical transmission range 5 - 15 km

Frequency (ISM) band depends on region

Duty cycle of 1% / channel

Modulation robust and configurable

-adjusts Range, Time on Air, energy consumption

Semi-proprietary technology by SEMTECH

-LoRa Alliance with ~ 200 members



Three LoRa Device Classes

Class A

Only receive after send

Very low power consumption

Class B

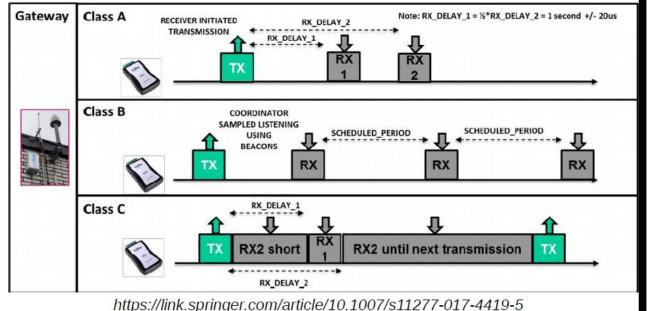
Receive windows scheduled

Class C

Always listen

Highest power

consumption



https://link.springer.com/article/10.1007/s11277-017-4419-5



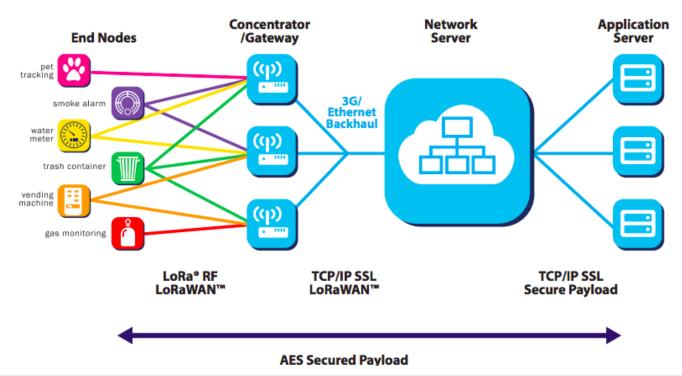
LoRa: IP-Embedding by LoRaWAN

End nodes: Transmit to Gateways

Gateways: Transparently relay (tunnel)

Network Server: De-duplicates and routes to application

Application: Holds security association





Low power long range IPv6 networking

UNLOCKING LORA



LoRa vers. LoRaWAN

LoRa wireless modulation:

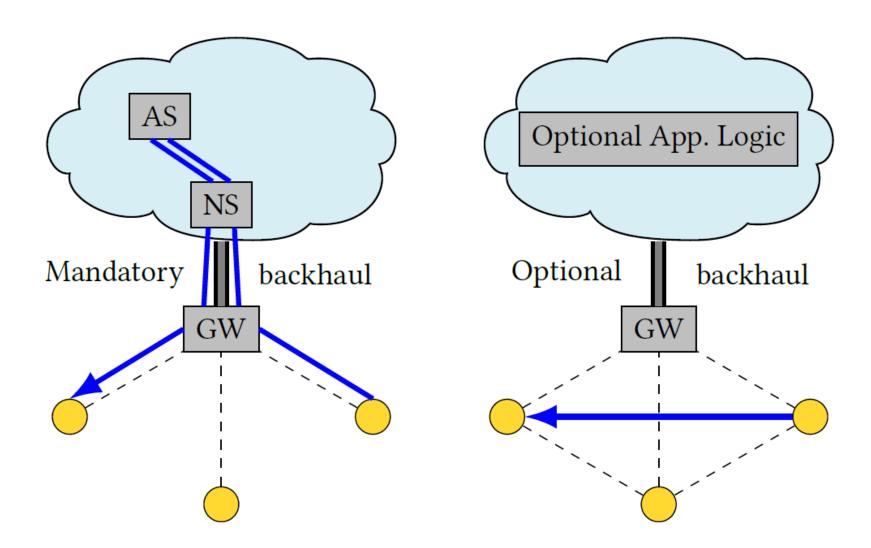
- Long range transmission (up to 15 kms)
- Low power consumption (mJ)
- Low data rate (bytes/s)

LoRaWAN cloud-based network emulation:

- Centralized
- Uplink-oriented, no P2P
- Unbound transmission delays



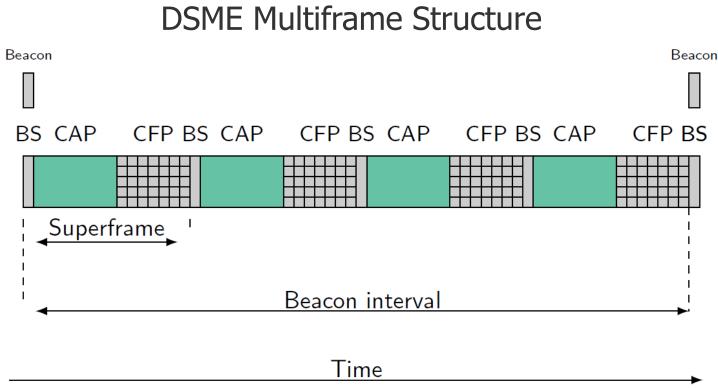
LoRa: Client-to-Client Communication?





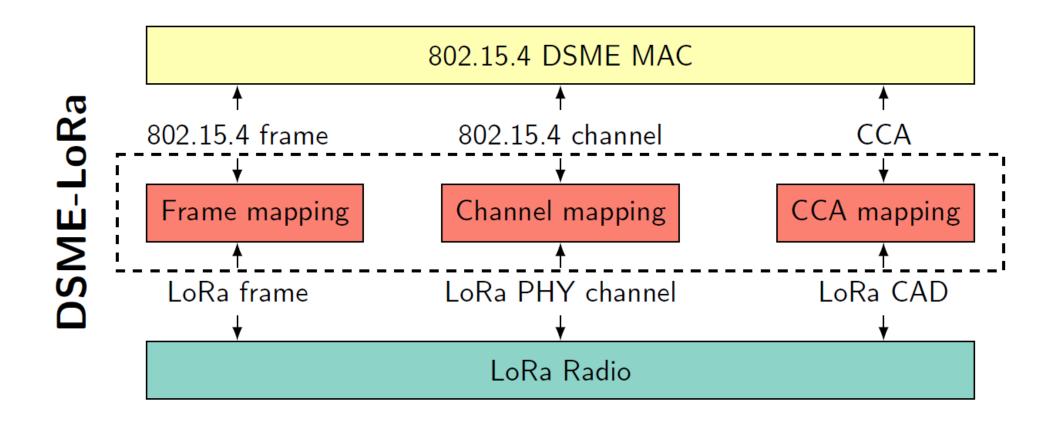
DSME MAC

- Deterministic Synchronous Multichannel Extensions
- Standard MAC-Layer from IEEE 802.15.4
- Configurably combines
 - Contention access (CAP)
 - Contention free access (CFP)





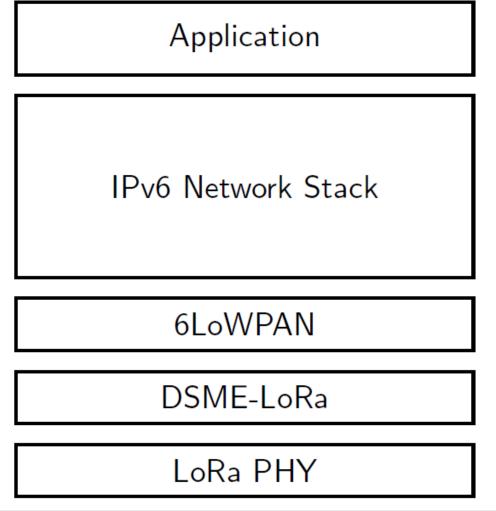
DSME-LoRa





6LoRa: Transmission of IPv6 Packets over LoRa

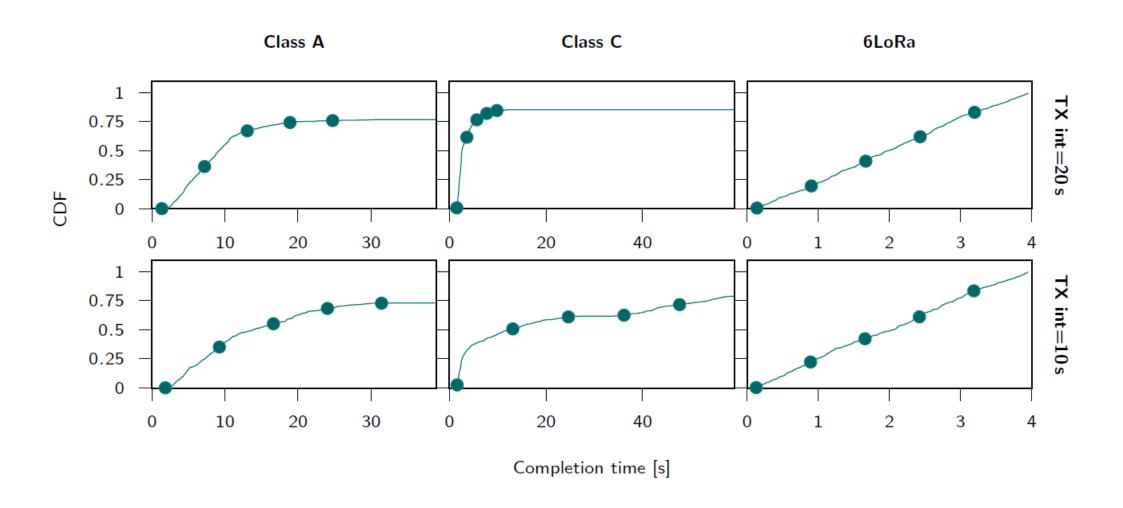
- IETF 6LoWPAN^a for IPv6 transmission over IEEE 802.15.4
- Inherit 6LoWPAN roles



^aRFC 6282. September 2011.



6LoRa Performance: Packet Reception





Energy Consumption

Device	TXi [s]	Power [mW]		
		SCHC-LoRaWAN		6LoRa
		Class A	Class C	
Sensor	20	0.49	12.87	1.33
Sensor	10	0.87	13.3	2.04
Actuator	-	0.54	12.41	2.93



DSME-LoRa: Seamless Long Range Communication Between Arbitrary Nodes in the Constrained IoT

JOSÉ ÁLAMOS, PETER KIETZMANN, and THOMAS C. SCHMIDT, HAW Hamburg, Germany MATTHIAS WÄHLISCH, Freie Universität Berlin, Germany

Long range radio communication is preferred in many IoT deployments as it avoids the complexity of multi-hop wireless networks. LoRa is a popular, energy-efficient wireless modulation but its networking substrate LoRaWAN introduces severe limitations to its users. In this paper, we present and thoroughly analyze DSME-LoRa, a system design of LoRa with IEEE 802.15.4 Deterministic Synchronous Multichannel Extension (DSME) as a MAC layer. DSME-LoRa offers the advantage of seamless client-to-client communication beyond the pure gateway-centric transmission of LoRaWAN. We evaluate its feasibility via a full-stack implementation on the popular RIOT operating system, assess its steady-state packet flows in an analytical stochastic Markov model, and quantify its scalability in massive communication scenarios using large scale network simulations. Our findings indicate that DSME-LoRa is indeed a powerful approach that opens LoRa to standard network layers and outperforms LoRaWAN in many dimensions.

CCS Concepts: • Computer systems organization \rightarrow Sensor networks; • Networks \rightarrow Link-layer protocols; Network performance analysis.

Additional Key Words and Phrases: Internet of Things, wireless, LPWAN, MAC layer, network experimentation

Jose Alamos, Peter Kietzmann, Thomas C. Schmidt, Matthias Wählisch,

DSME-LoRa: Seamless Long Range Communication Between Arbitrary Nodes in the Constrained IoT, *Transactions on Sensor Networks (TOSN)*, Vol. **18**, No. 4, p. 1–43, ACM : New York, USA, November 2022.

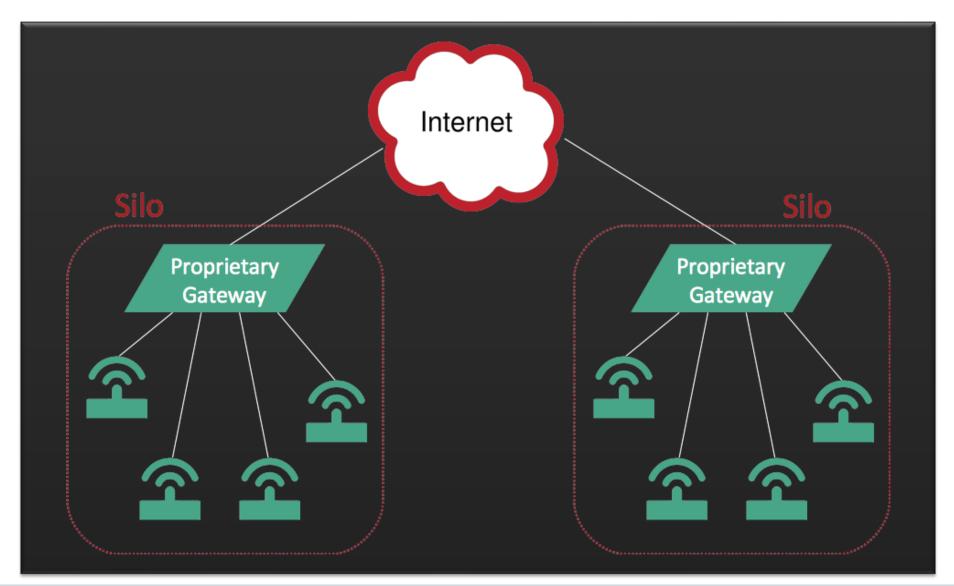


Agenda

- The Internet of Things
- DoT on Wireless Link Layers
- P IP in the Internet of Things
 - Architectural Challenges
 - 6LoWPAN Adaptation Layer
 - Application-Layer Protocols

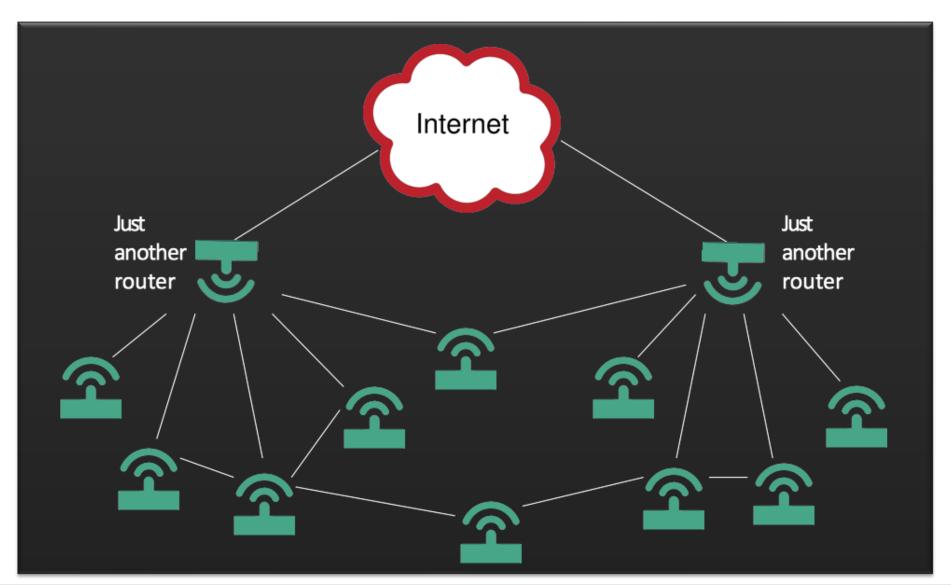
The IoT today looks mostly like this





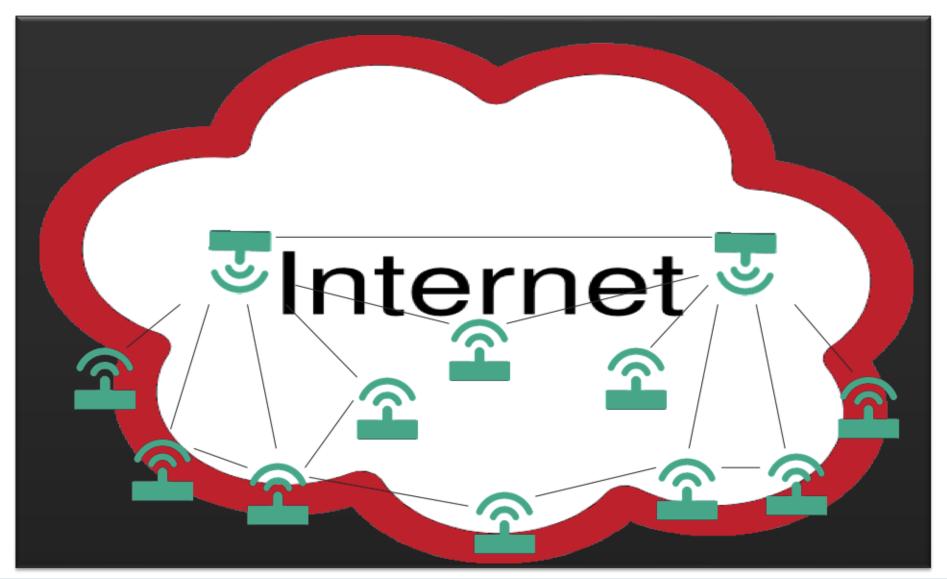
The IoT we want looks more like that





The IoT we want is... the Internet!







The Difference

Network level interoperability

- End-to-end connectivity per default
- Device-to-device connectivity
 - => No more walls!

System level interoperability

- Efficient hardware-independent software
- No device lock-down

=> No more waste!



IP in the Internet of Things

100+ Billion microcontrollers exist worldwide (in contrast to several hundred million Internet devices)

- Rapid growths and demands for *scalable* connectivity
- Integrate into the global Internet with E2E data flows
- Interoperable, long-lived, reliable standards required: IP++

Link-layers are different

All wireless, dedicated technologies

Constraint Communication: Low Power Lossy Networks (LLN)

- Measures of Bytes ... instead of Megabytes

Constraint Devices: Microcontrollers

- Measures of kHz and kByte
- Often on batteries





What is 6LoWPAN

IPv6 over Low-Power (⊃ Personal) wireless Area Networks

-Declare IPv6 a distinct network layer

A transparent way to integrate embedded devices into the global Internet

- -Global addressing
- -E2E transport between embedded and core devices

IPv6 adaptation to LLNs

- -Stateless and stateful header compression
- Optimized neighbor discovery
- -Standard Socket API



Challenges of LoWPAN

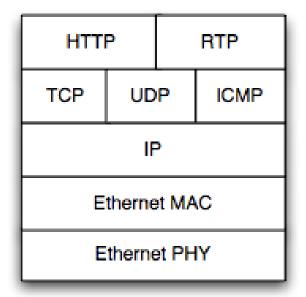
Impact Analysis	Addressing	Routing	Security	Network management
Low power (1-2 years lifetime on batteries)	Storage limitations, low overhead	Periodic sleep aware routing, low overhead	Simplicity (CPU usage), low overhead	Periodic sleep aware management, low overhead
Low cost (<\$10/unit)	Stateless address generation	Small or no routing tables	Ease of Use, simple bootstrapping	Space constraints
Low bandwidth (<300kbps)	Compressed addresses	Low routing overhead	Low packet overhead	Low network overhead
High density (<2-4? units/sq ft)	Large address space – IPv6	Scalable and routable to *a node*	Robust	Easy to use and scalable
IP network interaction	Address routable from IP world	Seamless IP routing	Work end to end from IP network	Compatible with SNMP, etc

Source: Kushalnagar/Montenegro@IETF62



Protocol Stack

TCP/IP Protocol Stack



Application

Transport

Network

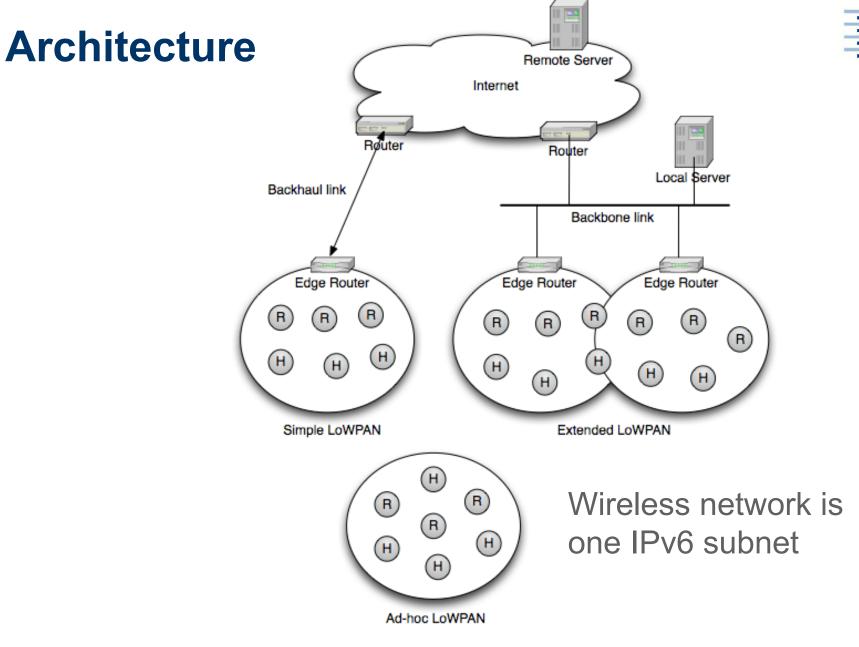
Data Link

Physical

6LoWPAN Protocol Stack

Application			
UDP	ICMP		
IPv6 with LoWPAN			
IEEE 802.15.4 MAC			
IEEE 802.15.4 PHY			

Source: Shelby & Bormann – 6LoWPAN, Wiley 2011



Source: Shelby & Bormann – 6LoWPAN, Wiley 2011



Architecture

LoWPANs are stub networks Simple LoWPAN

-Single Edge Router

Extended LoWPAN

- Multiple Edge Routers with common backbone link

Ad-hoc LoWPAN

No route outside the LoWPAN
 Internet integration issues

- Maximum transmission unit
- Application protocols
- IPv4 interconnectivity
- Firewalls and NATs
- Security

IPv6		
Ethernet MAC	LoWPAN Adaptation IEEE 802.15.4 MAC	
Ethernet PHY	IEEE 802.15.4 PHY	

IPv6-LoWPAN Router Stack



Key Problems

Efficient use of available bits in a packet

- Frame: 127 bytes 25 bytes L2 header
- IPv6 header: 40 bytes, UDP header: 8 bytes

IPv6 MTU size ≥ 1280

- IP packets need transparent fragmentation on frames
- Lost fragments cause retransmission of entire packet

Wireless ad hoc networks can be multihop

- No direct router link ↔ Router Advertisement
- Multicast is only local ↔ Neighbor Discovery



Base Solution: RFC 4944

Makes 802.15.4 look like an IPv6 link:

Efficient encapsulation

- -Stateless IP/UDP header compression of intra-packet redundancy
- Unicast + Multicast address mapping

Adaptation layer for fragmentation (1280 MTU on ~100 bytes packets)

- -Fragmentation: Datagram tag + offset
- No dedicated fragment recovery

Mesh forwarding

- -Link generated by "mesh-under" (L2) routing
- Identify originator and final destination



Adaptive Neighbor Discovery RFC 6775

Includes "route-over" (L3 routing)

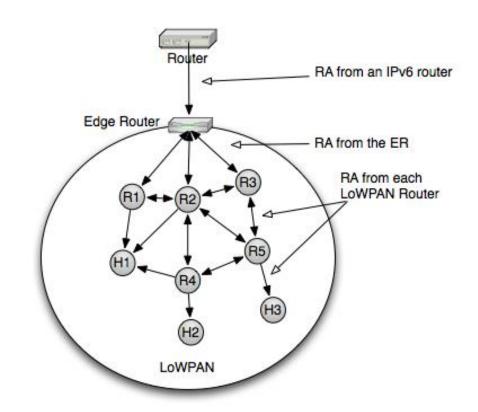
Multihop forwarding of Router Advertisements

(GW and prefix dissemination)

Address Registration and

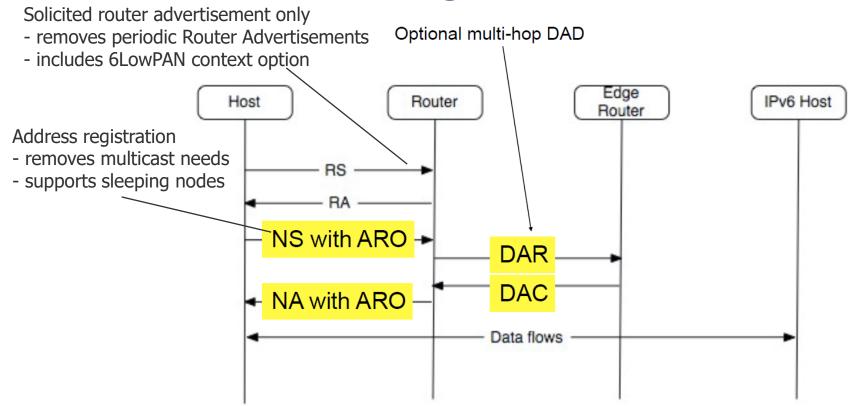
Confirmation at Router

Router keeps track of wireless nodes (incl. DAD)





Typical 6LowPAN-ND Exchange



Authoritative Border Router Option (ABRO) to distribute prefix and context across a route-over network



Improved Header Compression RFC 6282

Router Advertisements distribute a well-known area context

- -Common prefix LoWPAN is a flat network
- -6LoWPAN-HC header compression methods

No addresses – Interface Identifiers derived from MAC addresses

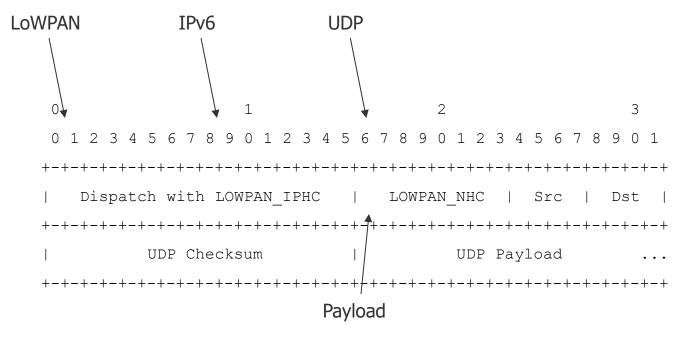
Optional unicast and multicast address fields (compressed)

Remaining IPv6 header fields compressed or elided

- Length derived from frame, ToS and Flow Label elided
 Stateless UDP header compression including short ports and selected checksum removal
 - Length derived from frame length



LoWPAN UDP/IPv6 Headers

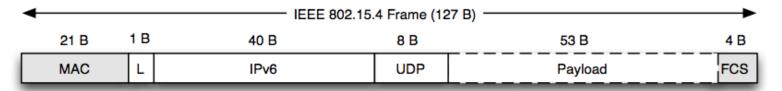


6 Bytes!

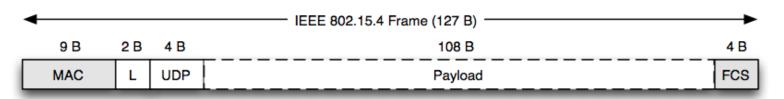


6LoWPAN Headers

Orthogonal header format for efficiency Stateless header compression



Full UDP/IPv6 (64-bit addressing)



Minimal UDP/6LoWPAN (16-bit addressing)

Source: Shelby & Bormann – 6LoWPAN, Wiley 2011



CoAP: Constrained Application Protocol

Constrained machine-to-machine Web protocol

Representational State Transfer (REST) architecture

Simple proxy and caching capabilities

Asynchronous transaction support

Low header overhead and parsing complexity

URI and content-type support

UDP binding (may use IPsec or DTLS)

Reliable unicast and best-effort multicast support

Built-in resource discovery



COAP Message Semantic

Four messages:

- Confirmable (CON)
- Non-Confirmable (NON)
- Acknowledgement (ACK)
- Un-processing (RST)

REST Request/Response piggybacked on CoAP Messages

Methods: Get, Put, Post, Delete

Several extensions defined

Application

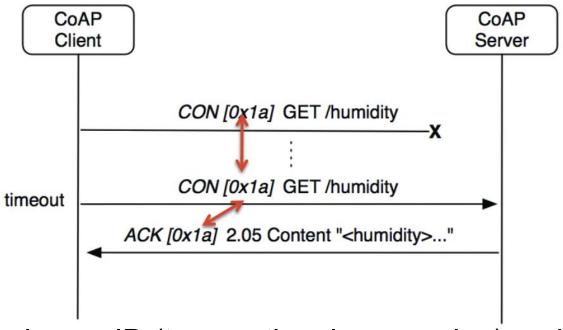
CoAP Request/Response

CoAP Messages

UDP



Message Transactions, Packet Loss



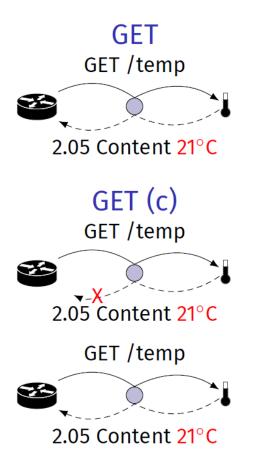
Each message carries an ID (transactional processing) and an optional token (for asynchronous matching)

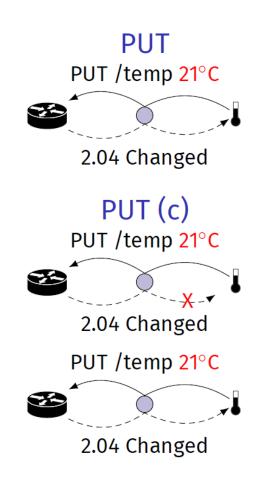
Stop and Wait approach

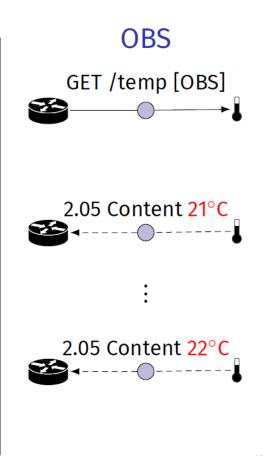
Repeat a request in case ACK (or RST) is not coming back



CoAP Operational Modes







16



MQTT: Message Queuing Telemetry Transport

Publish-subscribe protocol (IBM 1999)

Lightweight & simple on top of TCP/IP

MQTT-SN — UDP-based variant for the IoT

Publishers and subscribers exchange data via a Broker

Different quality levels:

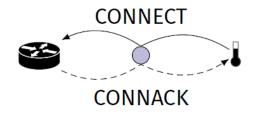
-Q0 - unreliable

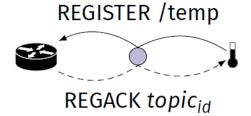
-Q1 – reliable (at least once)

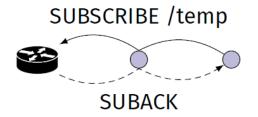
-Q2 - reliable (exactly once)

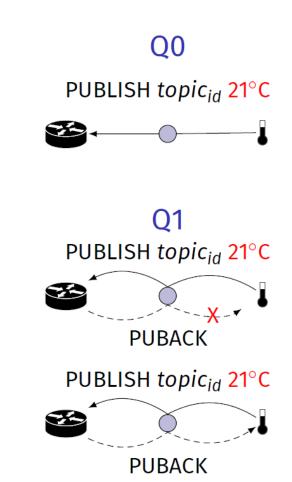


MQTT-SN Operational Modes





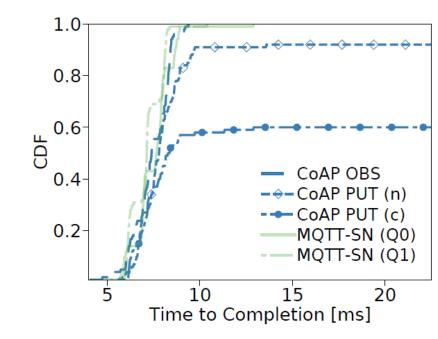




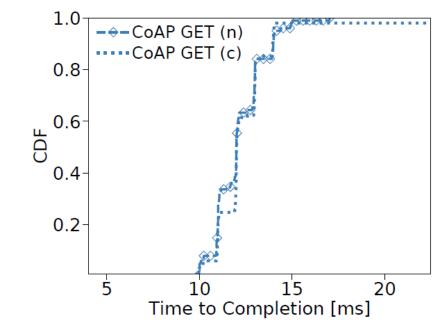




Time to content arrival for scheduled publishing every 50 ms



Push protocols



Pull protocols



Further Aspects & Activities

6LoWPAN on Blue Tooth Low Energy & Lora

Application Layer Encoding: CBOR

- RFC 7049 Concise Binary Object Representation
- Minimal code size, small message sizes, no deflation
- Based on the JSON data model

DNS over CoAP: draft-ietf-core-dns-over-coap

Things Description: IoT Semantics

Widely implemented: Contiki









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